

A woman with blonde hair, wearing a white short-sleeved top and a white skirt with a colorful pattern, is sitting on a sandy beach at night. She is looking down at her hands, which are resting on her knees. The background features a large, multi-story brick building with several lit windows, suggesting a hotel or a large residence. The scene is illuminated by a soft, blue light, creating a serene and somewhat melancholic atmosphere. The overall color palette is dominated by blues and greens, with the white of the woman's clothing providing a focal point.

Thank you for considering

THE COLOR OF FROST

by Kasey Rogers

For your next
Book Club read!

BOOK CLUB
RESOURCE GUIDE

THE COLOR OF
FROST

is a work of literary fiction.

The story is set in Kittery, Maine in the year 1974, a time when our country struggled with high inflation, political corruption and a battle over equal rights for women.

THE COLOR OF FROST

Synopsis

When 27-year-old Nina DeMarco's husband Richard announces he is leaving her, she is unsure how she'll survive financially or emotionally. Devastated by her divorce, the distraught young woman sinks into despair. Fate intervenes when she finds a series of letters left behind in an attic crawlspace; she can't imagine how this discovery will impact her life as she searches for the woman who wrote them.

What readers have to say!

The Book Commentary- Morgan Amos

The themes are resonant — crucial, heartfelt, and gripping. *The Color of Frost* is an intriguing piece of literature, a story with memorable characters and a plot that moves steadily forward. The book has many lessons and readers will quickly grasp the recurring thought that their circumstances don't define who they are. This book is warm, at times humorous, and full of women's empowerment despite its dark moments. A book for the romantics, adventurers, and those who love a good inspirational and motivating story. It hits all the right notes and the beautiful prose makes for an additional layer of entertainment.



What readers have to say!

The Reader's Favorites- Emma Megan

The Color of Frost by Kasey Rogers has the most beautiful and powerful ending that I have ever encountered. This novel is well worth reading as it contains precious messages, a call to action to end the violence against women, and tackles the prejudice against LGBTQ people as well as the stigma associated with adoption. It's a profoundly moving and empowering story about the dark moments we all face that change our lives for the better. Dealing with loss, failure, suicidal thoughts, and hidden secrets and mysteries, Rogers's novel is utterly engaging and ultimately hopeful. This riveting work is part mystery and part historical fiction. It is a fantastic read for anyone interested in a book that honors other women's rights and tackles themes such as anxiety, depression, abuse, adoption, homosexuality, suicide, and friendship.



What readers have to say!

The Reader's Favorites- K. C. Finn

Kasey Rogers delivers an incredibly heartfelt tale that feels so well-crafted that it could have jumped right out of an autobiography. It's easy to see that Rogers put a lot of heart, soul, and personal experience into the character creation of both Nina and Lilia. This lends credence to the nightmare situations they found themselves in, and the incredible resilience with which they strove to escape is admirable. The pacing of the novel works well to deliver new twists and develops so that we're right on Nina's shoulder, making discoveries and breakthroughs with her. I also appreciated that the plot is not overfilled and it gives readers time to breathe and process the seriously emotional storyline. *The Color of Frost* is an engrossing read that will satisfy fans of emotional drama as well as those who want to take a closer look at realistically portrayed tales of recovering your mental health.



Options for Discussion Questions

Have you ever encountered a man like Nina's ex-husband Richard?

How did you deal with him?

If not, how would you deal with a man like Richard if you were Nina?

Have you ever met strangers like Nina did who became key people in your life?

Do you believe in the power of community like the one that comes together in this book?

What do you think about finding a purpose in life?

Does this only come from facing challenges and adversity, like in Nina's experience?

Would she have found this purpose if things had worked out with Richard?



Options for Discussion Questions

Who are the key characters?

How does having more than one character telling the story impact the plot?

How does sharing their own circumstances help Nina to overcome her personal obstacles?

Do you empathize with the characters?

If so, who are you more likely to empathize with and why?

Are their voices genuine?

Are they believable?

Are the characters or their circumstances seem authentic for you?



Options for Discussion Questions

What is the book about?

Does the book have a central theme? If so what do you think it is?

If there are multiple themes, how are they interlinked?

Is one theme more dominant than others?

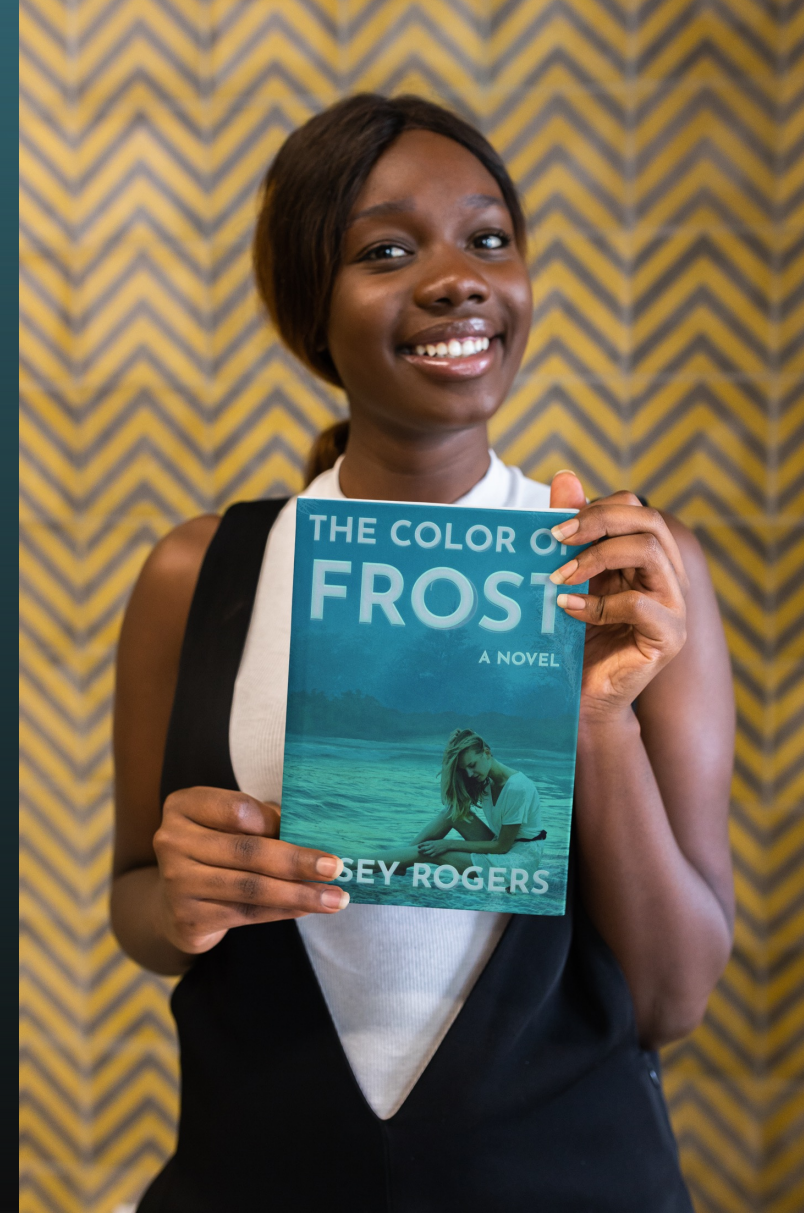
Do the themes blend naturally with the storyline?

How did the book affect you?

Did it expand your range of experience or challenge your assumptions?

Is there anything you now you view differently then you did before reading the book?

Did reading it help you to understand a person better, or even yourself?



Options for Discussion Questions

What were your thoughts on the writing style?

Do you have any favorite quotes from the book?

Did you find the book to be more character-driven or plot-driven?

Was the pacing too fast, too slow or just right?

What was your favorite part of the book?

What was your least favorite part of the book?

Did any parts of the book surprise you?

Would you recommend this book?

Do you believe the book touched upon any broader social issues?

Did any historical or cultural references stand out to you?



Some of the stories metaphors & intertextual references

The House
(First to third floor move)

I Am Woman
By Helen Reddy

Turandot
by Giacomo Puccini

Waves

Kittens

Diary of a Mad
Housewife

Letters

Cactus Flower

Hold Your Head Up
by Argent

The Capriol Suite
composed by
Peter Warlock

Adoption

Once is Not
Enough
By Jacqueline
Susann

Tides

Fortunate Son
Creedence
Clearwater
Revival

The changing sea

Hidden
Treasures

Nina's eye color

The
Carriage
House

Money

Desiderata

Help!
By The Beatles

Food

Music

Benji

Anne of Green Gables

The Golden Note Book

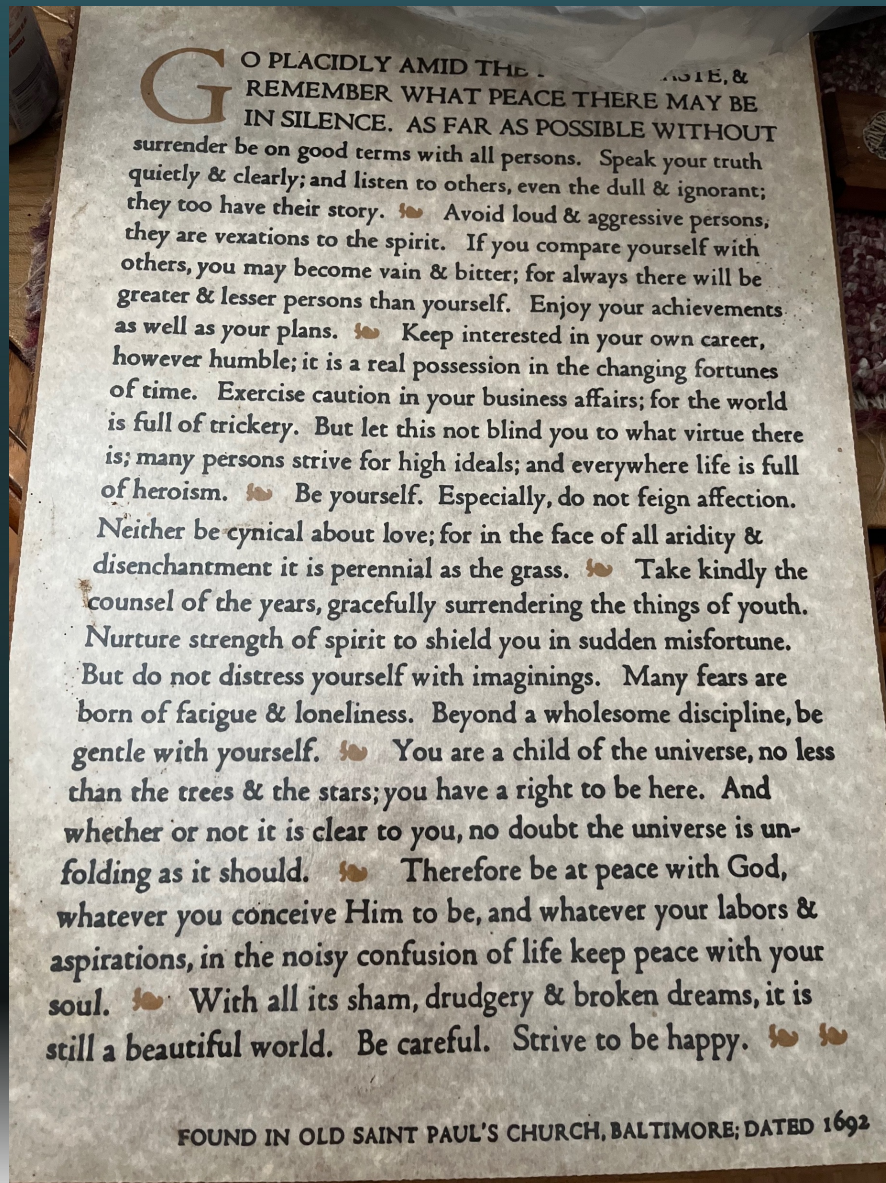
Author's Insights

The idea for *The Color of Frost* started when my late husband was ill, and he wrote a series of letters to our twins and asked me to give them to our children when they were older. I wondered for a long time what I would say to them if I were to do the same thing.

As they got older, I wondered, what are the most important things I want them to know? How could I tell them about the darkness and light that surrounded us? What could I write that might influence others to see things they may not see otherwise? That's when I began thinking about letters left behind by someone who would affect another person's life. I wanted my main character to be a fragile and vulnerable character who grows out of her despair through various challenging experiences. So I took this opportunity to express all the things I wanted to say to my kids.

That was how I approached my writing of *The Color of Frost*.

Exclusive Behind-the-Scenes Detail



In 2022, I taught a course on memoir writing, and one of my students brought up the poem, *Desiderata* by Max Ehrmann. I fell in love with it and used the work in my novel to express how I felt about being at peace with the world and oneself.

Several months after I finished *The Color of Frost*, I was in my formal living room where I'd been storing some miscellaneous stuff placed haphazardly on an upright grand piano I'd inherited from my late Aunt Lil. I was trying to determine what to discard to make the room more functional. Then I noticed something face down on top of the piano. It was something I'd taken from my Aunt's house years before when I helped my brother empty out her house after she passed away. When I turned it over, I was stunned to find it was a plaque of the Max Ehrmann poem, *Desiderata*. Needless to say, I kept it!

Book Club Details

Bulk Discount of 10 % off five books or more if purchased from the author's website (kaseyrogers.com) + free shipping to one address.

Author available via Zoom to join book club meeting to answer questions, receive feedback, and swag giveaways.

For follow-up questions, please contact. Thank you for investing time in reading my books!

Best wishes, Kasey Rogers

About the author

KASEY ROGERS spent much of her earlier career working in the commercial film industry in New York City by day and writing a musical in between film projects. After the birth of her twins, she switched gears to follow another passion, cooking. That passion led her and her late husband to turn a vacation property in Alexandria, Ontario, into a restaurant. For several years she owned and operated The 2Beans Café and Tearoom in Ontario before moving back to the U.S.

Most recently, she has been focusing on her writing and has published a memoir called, *Our Better Selves: From Secrets and Lies to Healing and Forgiveness*, and *The Color of Frost*, a work of literary fiction. In addition, she is an outspoken advocate against violence against women and is working on an initiative called *I Know Why She Stayed* to highlight the connection between domestic and financial abuse.

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